

SLM300G/2

ProClub Line Lat Mid Row

Weight Stack Options:

210 lb. stacka (standard)

310 lb. stack (optional)



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Impressively versatile, the ProClub Lat Machine is a favorite for gym and club use. Extraordinary capabilities set this machine apart. For starters, you get a high pulley directly overhead for optimum back and shoulder isolation. The extra long pull-down bar allows you to choose wide, medium or narrow handgrip position for maximum development. No-cable-change design allows you to go immediately and directly to a Long Pull/ Seated Row exercise movement to further increase size, strength and endurance of your back muscles. Adjustable hold-down pads stabilize you for lifts beyond your body weight. Unique styling, space efficient design, exceptional performance and versatility make this Lat Machine a standout in any gym, club or institution.

Dimensions: 62"L x 24"W x 83"H

Special Features

- Commercial rated
- 2"x4" high-tensile strength steel mainframe
- Double, powder coat finish protects against scratching, chipping and peeling
- Nylon-coated, self-lubricating, aircraft-quality steel cables
- Fiberglass reinforced nylon pulleys with v-grooved channels
- Extra tough, tear-resistant DuraFirm™ double-stitched upholstery