

PLATELOAD

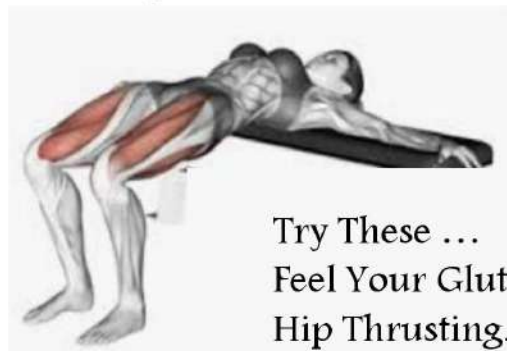


Product Data Sheet

HIP THRUST PLHT

What machines to Use at the Gym to lose Weight in your Hips.

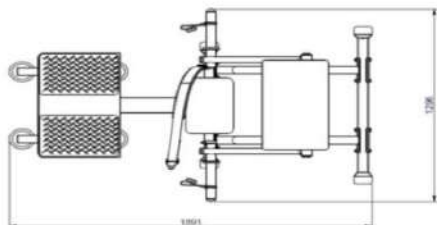
When glute exercise becomes a trend in fitness, the PLHT is great to deliver full hip engagement. The waist harness locks the user into place and promotes safety and stability during the hip bridge motion. The upper back pad supports the spine and a wide foot platform supplies users to adjust the width of their step to achieve different sport requirements.



Try These ...
Feel Your Glutes
Hip Thrusting.



muscle groups & instruction



Floor Space Dimensions : 1891mm/74"(L)x1296mm/51"(W)x820mm/32"(H)

Mainframe:

12 Heavy Gauge 50 × 100 × 2.5T Oval Tubing

Frame Finish:

Two-coat powder process, electrostatically applied powder coat finish, Black Exterior / Crimson Red Texture

Upholstery:

2" Rebonded Scrap Foam + 10 mm high density foam with CGPC PVC cold latex leather and durable double stitched upholstery

Welding:

Continuous welds at all pivot points.

Bearings:

Commercial rated, sealed bearings at all pivot points.

Max. User Weight:

264 lbs. / 120 kg

-  **Smart** - High technology and humanity design
-  **Simplicity** - Aesthetically pleasing with ease of use
-  **Safety** - Strong structure for safety use

PLATE LOAD Series



INTERNATIONAL

3F28, No. 5, Shin-Yi Rd., Sec. 5, Taipei, Taiwan110

Tel:+886-2-2720-9980

Fax:+886-2-2722-9750

E-mail:joong@ms13.hinet.net

http://www.steelflexfitness.com