



## GAB60

### Body-Solid - Adjustable Ab Board



#### **GAB60 Adjustable Ab Board**

Centered on a telescoping 2"x 2" steel beam, our Adjustable Ab Board adjusts to twelve positions for increased or decreased difficulty when doing sit-ups or crunches. Featuring an extra wide, double-stitched DuraFirm™ pad and oversized 8" foam rollers. Ideal for home or commercial use.

Dimensions: 52"H x 54"L x 24"W

#### **Special Features**

- Twelve adjustment levels
- Extra-wide DuraFirm™ back pad
- Incredibly effective in isolating the entire abdominal region
- Exceptional upper back and head support maintain proper body alignment
- Unique design provides easy entry and exit
- Oversized 8" foam rollers for comfort and stability