

GB5007

ERGO BIKE



- Cycling exercise mode increases lower limbs muscle balance and coordination.
- Pedaling is a progressive movement to be improvement in strength and cardiac fit training.
- With integrated resistance-based concentric training system helps to aid in the physical rehabilitation after an injury.
- Adjustable handlebar setting provides greater range of motion.
- Horizontal and vertical seat adjustment offers the ergonomic exercise position.
- Low step-through design for increasing accessibility.
- Easy-to-fit designed ratchet pedal straps for keeping you safe and comfortable workout.

Markets



Physiotherapy



Adult



Senior



Coordination



Cardio



Strength

Features

Compatible



Kinomap



ZWIFT

Features

Handle Bar Adjustment	2 level
Comfort Curve™ Seat	•
Integrated Reading Rack	•
Low Step-Through Design	•
Seat Adjustment	Horizontal and Vertical Adjustment
Pedal Design	Wide Ride™ pedal with adjustable Pedal Strap
Wheels for Easy Mobility	•

Console

Display Type	9" White Backlit LCD
Screen Operational	Capacitance Touchable
Exercise Program	20 Warm Up, Manual, Interval, Valley, Ramp, Mountain, Rolling, Climb, Random, Hill, Fat Burn, Cardio, Strength, HRC (65%, 85%), Constant Power, Isokinetic, Goal (Calories, Distance), Recovery, User 1
Display Feedback	Time, Level, Pulse, Distance, Calories, RPM, SPM, Watts, METs
Heart Rate Monitor	•
USB Port	Export Workout Data, Software Upgrade and Charging

Resistance System

Operation System	EMS System (Electromagnetic)
Resistance Levels	32
Power Requirements	Input: 100-240 VAC ~ 50/60Hz, 1.5A Max Output: 30V—2.0A

Tech Spec.

Max. User Weight	181 kg/ 400 lbs
Overall Dimensions (L x W x H)	111.7 x 60.2 x 130.9 cm/ 44" x 23.7" x 51.5"